

Lord Grey Academy - Meal Deals, Jacket Potatoes *and Various Fillings*, Salad Bar, Yoghurt, Fruit & Fruit Salad Available Every Day.

	Monday		Tuesday		Wednesday		Thursday		Friday				
 Week 1 3/9/18 24/9/18 15/10/18 12/11/18 3/12/18 7/1/19 28/1/19 25/2/19 18/3/19 22/4/19 13/5/19 10/6/19 1/7/19 22/7/19	Break	Bacon Roll (W) Pizza (W, M, G) BBQ Chicken Wrap (W, G) Chicken Pot (W, C, Mu)	£1.60 £1.00 £1.80 £1.20	Pizza (W, M, G) Cheese Puff (W, M, E) Curry Pot (M, W, Cr) Chicken Burger (W, E, Mu, M)	£1.00 £1.20 £1.20 £1.80	Pizza (W, M, G) Croissants (G, E, N, W) Pasta Pronto (W, E) Toasted Cheese & Ham Sandwich (W, M)	£1.00 £1.00 £1.00 £1.80	Chicken Wrap (W, C, G, M, E, Mu) Pizza (W, M, G) Curry Pot (M, W, Cr) Cheese & Ham Bagel (M, W)	£1.80 £1.00 £1.20 £1.80	Pizza (W, M, G) Cheese Panini (W, B, M) Sausage Roll (W, M, S)	£1.00 £1.80 £1.20		
	Lunch	Steak Pie (W) Penne Pasta with Chorizo, Tomato & Chilli (M, L, W) Hot Chicken Wrap (W, C, G, M, E, Mu) Cheese Toasted Sandwich (W, M) Pizza (W, M, G) Chicken Pot (W, C, Mu)	£2.20 £2.20 £1.80 £1.00 £1.00 £1.20	Lamb & Vegetable Pudding (G, W, B, F) Vegetarian Pancake (W, M, E) Curry Pot (M, W, C) Hot Chicken Wrap (W, C, G, M, E, Mu) Cheese & Ham Slice (W, M, So, Mu) Pizza (W, M, G)	£2.20 £2.20 £1.20 £1.80 £1.50 £1.00	Roast Turkey (W, E) Smoked Haddock Fishcake (F, E, W, S) Pasta Pronto (W, E) Hot Chicken Wrap (W, C, G, M, E, Mu) BBQ Toasties (W, M, B) Pizza (W, M, G)	£2.20 £2.20 £1.00 £1.80 £1.20 £1.00	Vegetable Chow Main (G, E, W) Chicken Chow Main (W, E, Mu, M) Curry Pot (M, W, Cr) Hot Chicken Wrap (W, C, G, M, E, Mu) Pizza (W, M, G) Chicken & Bacon Slice (W, So, M, Mu)	£2.20 £2.20 £1.20 £1.80 £1.00 £1.80	Fish & Chips (F) Cheeseburger & Chips (W, E, M) Pizza & Chips (W, M, G) Cheese Toasted Sandwich (W, M) Pizza (W, M, G) Chips (N/A)	£2.20 £2.20 £2.00 £1.80 £1.00 70p		
	Desserts	Fruit Crumble (B, W, M, L)	70p	Lemon Tart (B, E, W)	70p	Mousse (M)	70p	Lemon Meringue Pie (E, B, W)	70p	Ice Cream (M)	70p		
	Week 2 10/9/18 1/10/18 22/10/18 19/11/18 10/12/18 14/1/19 4/2/19 4/3/19 25/3/19 29/4/19 20/5/19 17/6/19 8/7/19	Break	Cheese Toastie (W,M,B) Hot Chicken Sandwich (W, E, Mu, M) Pizza (W, M, G) Chicken Pot (W, C, Mu)	£1.00 £1.80 £1.00 £1.20	Egg & Bacon Muffin (E, M, W) Pizza (W, M, G) Sausage Baguette (W, G, S) Curry Pot (M, W, Cr)	£1.80 £1.00 £1.80 £1.20	Beef Burger (W) Curried Chicken Slice (W, So, Mu, C, M) Pizza (W,M,G) Pasta Pronto (W,E)	£1.60 £1.50 £1.00 £1.00	Bacon & Chicken Toasted Sandwich (W, M) Pizza (W, M, G) Sausage Roll (W, M, S) Curry Pot (M, W, Cr)	£1.80 £1.00 £1.20 £1.20	Pizza (W, M, G) Bacon Roll (W) BBQ Chicken Toastie (W, M)	£1.00 £1.60 £1.20	
		Lunch	Lasagne (G, E, W, M) Fish Pie (F, Cr, Mu) Chicken Pot (W, C, Mu) Hot Chicken Wrap (W, C, G, M, E, Mu) Cheese & Ham Bagel (W, M) Pizza (W, M, G)	£2.20 £2.20 £1.20 £1.80 £1.80 £1.00	Chicken Tagine (N/A) Cannelloni (N/A) Curry Pot (M, W, Cr) Hot Chicken Wrap (W, C, G, M, E, Mu) Chicken Toastie (W, G, M, B) Pizza (W, M, G)	£2.20 £2.20 £1.20 £1.80 £1.20 £1.00	Roast Pork (W, E) Cheese & Onion Quiche (E, Cr, W) Pasta Pronto (W, E) Hot Chicken Wrap (W, C, G, M, E, Mu) Cheese & Ham Toasted Sandwich (W, M) Pizza (W, M, G)	£2.20 £2.20 £1.00 £1.80 £1.80 £1.00	Chicken Pie (W,G,M) Shepherds Pie (M) Curry Pot (M, W, Cr) Hot Chicken Wrap (W, C, G, M, E, Mu) Cheese & Onion Slice (W, G, M) Pizza (W, M, G)	£2.20 £2.20 £1.20 £1.80 £1.50 £1.00	Fish & Chips (F) Pizza & Chips (W, M, G) Sausages & Chips (W, M, S) Cheese Toasted Sandwich (W, M) Pizza (W, M, G) Chips (N/A)	£2.20 £2.20 £2.20 £1.80 £1.00 70p	
		Desserts	Chocolate Pudding (E, W, B)	70p	Waffles (W, M, So, E)	70p	Treacle Pudding (E,B,W,M,G)	70p	Mousse (M)	70p	Swiss Roll (E, W, Cr)	70p	
		Week 3 17/9/18 8/10/18 5/11/18 26/11/18 17/12/18 21/1/19 11/2/19 11/3/19 1/4/19 6/5/19 3/6/19 24/6/19 15/7/19	Break	Curried Chicken Wrap (W, C, G, M, E, Mu) Pizza (W, M, G) Beef Burger (W, E) Chicken Pot (W, C, Mu)	£1.80 £1.00 £1.80 £1.20	Pizza (W, M, G) BBQ Chicken Wrap (W, C, G, M, E, Mu) Cheese & Bacon Turnover (W, M, E) Curry Pot (M, W, Cr)	£1.00 £1.80 £1.50 £1.20	Pizza (W, M, G) Egg & Bacon Muffin (E, M, W) Croissants (G, E, N, W) Pasta Pronto (W, E)	£1.00 £1.80 £1.00 £1.00	Hot Chicken Sandwich (W, E, Mu, M) Pizza (W, M, G) Cheese Toasted Sandwich (W, M, B) Curry Pot (M, W, Cr)	£1.80 £1.00 £1.80 £1.20	Chicken Tikka Slice (W, So, Mu, C, M) Chicken & Bacon Bagel (W, M) Pizza (W, M, G)	£1.50 £1.80 £1.00
			Lunch	Beef Stew & Dumplings (W, E, M) Vegetarian Lasagne (G, E, B, M, W) Chicken Pot (W, C, Mu) Hot Chicken Wrap (W, C, G, M, E, Mu) Sausage Roll (W, M, S) Pizza (W, M, G)	£2.20 £2.20 £1.20 £1.80 £1.20 £1.00	Chicken with Plum Sauce (G) Vegetable Hot Pot (M) Curry Pot (M, W, Cr) Hot Chicken Wrap (W, C, G, M, E, Mu) Cheese Toastie (W, M, B) Pizza (W, M, G)	£2.20 £2.20 £1.20 £1.80 £1.00 £1.00	Roast Chicken (N/A) Vegetable Curry (S) Pasta Pronto (W, E) Hot Chicken Wrap (W, C, G, M, E, Mu) BBQ Chicken Baguette (W, M) Pizza (W, M, G)	£2.20 £2.20 £1.00 £1.80 £2.00 £1.00	Goulash (W, G) Salmon Fishcakes (F, E, W) Curry Pot (M, W, Cr) Hot Chicken Wrap (W, C, G, M, E, Mu) Cheese & Ham Sandwich (W, M, G, B) Pizza (W, M, G)	£2.20 £2.20 £1.20 £1.80 £1.80 £1.00	Fish & Chips (F) Pizza & Chips (W, M, G) Chicken Burger & Chips (W, M, E, Mu) BBQ Chicken Toasted Sandwich (W, M) Pizza (W, M, G) Chips (N/A)	£2.20 £2.20 £2.20 £1.80 £1.00 70p
			Desserts	Rice Pudding (Cr)	70p	Sticky Toffee Pudding (E, B, W, G)	70p	Apple Pie (W, G, M)	70p	Chocolate Brownie (E, B, W, M)	70p	Mousse (M)	70p

Allergen Guidance Key

B - Butter
C - Celery
Cr - Cream

E - Egg
G - Gluten
L - Lactose

M - Milk
Mu - Mustard
N - Nuts

S - Sulphite
Sf - Shell Fish
So - Soya

W - Wheat

Menu Week Dates

2018

Week 1

3 Sept

24 Sept

15 Oct

12 Nov

3 Dec

Week 2

10 Sept

1 Oct

22 Oct

19 Nov

10 Dec

Week 3

17 Sept

8 Oct

5 Nov

26 Nov

17 Dec

2019

7 Jan

28 Jan

25 Feb

18 Mar

22 Apr

13 May

10 Jun

1 Jul

22 Jul

14 Jan

4 Feb

4 Mar

25 Mar

29 Apr

20 May

17 Jun

8 Jul

21 Jan

11 Feb

11 Mar

1 Apr

6 May

3 Jun

24 Jun

15 Jul

